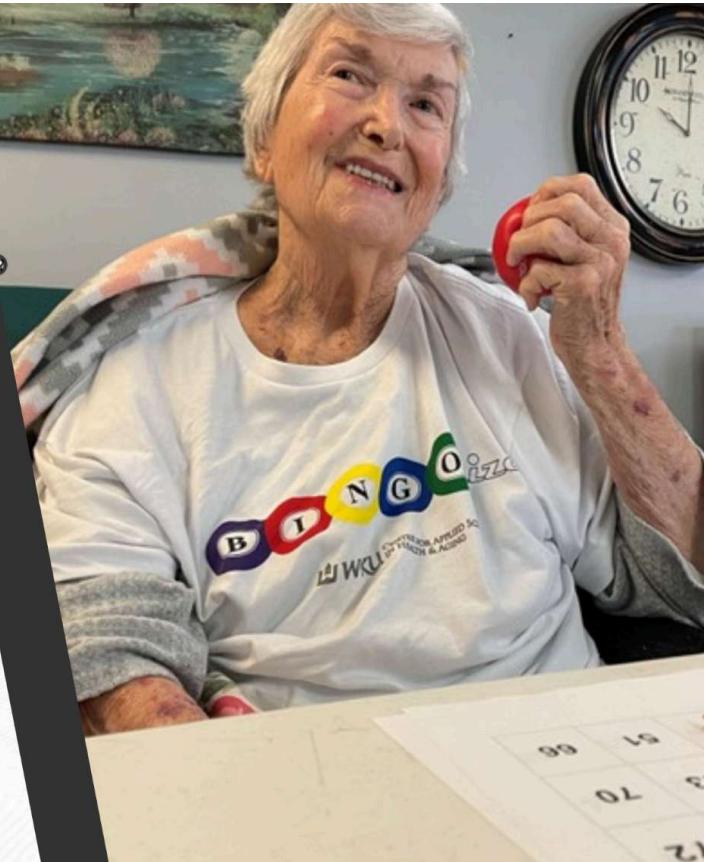




Fall Prevention Workshop

A 10-week health promotion program that combines bingo with fun, inclusive exercises for everyone!



February 12–April 30

Tuesdays & Thursdays
10:00–11:00 am

Dillingham
Senior Center
515 1st Ave. East



JOIN THE FUN!
FREE Event, Open to All

